

## **BENTO BOX MENU**

## STARTERS V

Quinoa, beetroot, sweetcorn & spring onion salad

Crudités & hummus

Free range boiled egg

Poached chicken breast & rocket salad  $_{267kcal}$ 

or

Poached salmon & rocket salad 298kcal

or

Spinach falafel & rocket salad VG 318kcal

Fruit salad, honey & vanilla yoghurt V 198kcal

If you have a food allergy, intolerance or sensitivity, please speak to your server about ingredients in our dishes before you order your meal.  $V- Vegetarian\ VG- Vegan$